

Oxfordshire Levels 2025

BRASS - Age 8+ - County Competition ONLY - Gymnasts entering this level MUST NOT TRAIN MORE THAN 6 HOURS PER WEEK

Un-coded 0.10 A = 0.10 B = 0.20 C or more - not permitted	Elements will be given difficulty value according to the rules and regulations of the FIG cycle 16 code of points (2025), unless stated otherwise FIG Execution & Artistry Penalties will apply BARS - 6 highest elements including dismount - BEAM / FLOOR - 6 highest elements including dismount (2 acro, 2 dance & 2 optional) Elements higher than a B are not allowed, no difficulty value, CR or bonus will be awarded if performed Un-coded elements listed below will be recognised and given a value of 0.10 but can only be performed once A & B elements can be repeated once on BARS ONLY for Difficulty value On bars/beam/floor; A or listed uncoded dismounts only. B dismounts are NOT allowed (no DV, CV, CR or bonus awarded if performed). In line with all BG classic challenge rules, coaches should concentrate their efforts towards the accuracy of technical execution
Short Exercises	On beam & floor, a routine with 5 elements or less, will be deducted 1.00 for each missing element On bars, a routine with 4 elements or less will be deducted 1.00 for each missing element & gymnasts must work on both bars

	VAULT	BARS	BEAM	FLOOR
Apparatus	Piled mats 90cm OR Vault table at choice of height	FIG Bars regulations with: A 20cm safety mat or 10cm jersey mat which may be placed anywhere provided it doesn't block the judges view (optional)	FIG Beam regulations with: 10cm Jersey mat is permitted for dismounts if required (optional)	FIG Floor regulations with: 0.50 penalty for not performing an acro line (2 flighted elements connected)
Requirements	DV 2.50 1/2 on to stand OR handspring to stand on 90cm mats	A gymnast must fulfil 3 of the 5 CR's (max awarded 1.5): 1) Upstart (no penalty if stop after) 2) Cast to minimum horizontal 3) Back hip circle OR forward hip circle 4) Bar Change - uncoded or FIG element must be performed 5) A coded or permitted uncoded dismount	A gymnast should perform 4 of the 5 CR's (max awarded 2.0): 1) 1/2 spin on 1 foot 2) Connection of 2 different dance elements - one of which must include split or straddle min 160 3) Acro element backwards (must be performed on the beam) 4) Acro element forward (must be performed on the beam) 5) Salto dismount forwards or backwards	A gymnast should perform 4 of the 5 CR's (max awarded 2.0): 1) Acro line with 2 flighted elements connected (salto not required) 2) Mixed series of 1 dance & 1 acro skill 3) Leap series to include 2 different leaps or hops one with 160 min split (cross or side) 4) Acro elements forwards/sideways & backwards (non flight allowed) 5) Salto forwards (in or out of an acro line) or backwards (acro line only)
Un-coded permitted elements - 0.10 each	DV 3.00 Handspring over the table 1/2 on over the vault table DV 3.50 1/2 on 1/2 off over the vault table	Squat on to the low bar (no penalty for jumping between the bars) Straddle or Pike undershoot 3/4 giant from low bar to high bar Chin up circle over mount Float swing (return to the board or floor) Cast to within 45° handstand	Any mount Straight jump Tuck jump Changement 1/2 spin on 1 foot Forward roll / backward roll over shoulder Cartwheel rebounding straight jump dismount Round off dismount (hands on beam) Handspring dismount	Cat leap 1/2 Tuck jump Changement Backward walkover / Forward walkover Backward roll to front support / handstand Cartwheel Tic-toc
Notes	No other vaults are permitted. Coaches must set the vault to the correct height Best of 2 performed vaults (no deduction if only 1 vault performed)	Coaches must stand between the bars (or 1.00 penalty) Failure to use both bars -1.00 penalty No deduction for bent legs in sole circle	Any mount may be used and given A value Coaches must stand in for all salto dismounts (or 1.00 penalty)	Gymnasts must perform routines to music
Bonus (only awarded if performed without a fall)		0.30 - Upstart performed without a stop (awarded once) 0.10 - A routine performed with no stops 0.30 - Cast above 45 0.10 - Stuck dismount	0.30 - Salto dismount connected to an optional acro element (eg cartwheel tuck back) 0.30 - A leap or jump which hits 180 split 0.10 - Full spin	0.30 - A leap or jump which hits 180 split 0.30 - Both forward & backward salto's performed within the routine