




# **2024 Women's Artistic Gymnastics Competition Handbook<sup>©</sup>**

Version 1.0



## Version History

The Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the handbook will be communicated through the [British Gymnastics Website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

**Version 1.0:** Original handbook published

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## Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm-up hall, but who work under the guidance and responsibility of the Supervising Coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BGF** means British Gymnastics Foundation.
- **British Gymnastics Nomination Panel** – Performance Team, Senior Performance Manager & Technical Committee Chair.
- **Championships** means any British Championship organised by or on behalf of British Gymnastics.
- **Chaperone** In exceptional circumstances, chaperones may be permitted to fulfil a pastoral care role. Chaperones under **no** circumstances shall be permitted to coach gymnasts.
- **Choreographers** will create and develop new routines.
- **CJP** – means Chair of Judging Panel.
- **Coach(es)** are those Coach(es), Lead, Supervised, Assisting Coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach(es) must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Any changes to these coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to these coach(es) will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit.
- **DBS** means Disclosure and Barring Service, Access NI Eligibility or PVG.
- **DJ** means Difficulty Judge.
- **Event** means any national and international competition and championships organised by or on behalf of British Gymnastics.
- **FIG** means Federation Internationale de Gymnastique.
- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official Shop.
- **IDP** means International Development Pathway.
- **Independent** means gymnasts who are not members of a British Gymnastics registered club but hold appropriate British Gymnastics membership.
- **Lead Coach** The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the competition arena throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan.
- **Officials** are people recruited to assist with the delivery of the overall event e.g. Floor Manager, Ceremonies Manager, Spectator Tickets Manager.
- **OOA** means Out of age
- **Organiser** means the designated National Competition Organiser (NCO) or their appointed representative, who is authorised by, or on behalf of British Gymnastics.
- **Supervised Coach** means a coach under the responsibility of the Lead Coach, as they are coaching skills to a maximum of 1 level higher than their current qualification, but are in the process of qualifying at the next level.
-  means it is a [hyperlink](#) to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information

### Technical Committee

Chair	Maria McLoughlin	<a href="mailto:maria.mcloughlin@british-gymnastics.org">maria.mcloughlin@british-gymnastics.org</a>
National Technical Committee Member	Catherine Lethbridge	
National Judging Co-ordinator	Sue Tredgold	

### National Competition Organiser

National Competition Organiser	Christine Paddock	<a href="mailto:womens.competitions@british-gymnastics.org">womens.competitions@british-gymnastics.org</a>
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### British Gymnastics Contact Details

Customer Support	0345 1297129	<a href="mailto:customersupport@british-gymnastics.org">customersupport@british-gymnastics.org</a>
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## National Competition Calendar

Event & Date	Opening Date	Closing Date	Venue
Gymnastics British Championships 2024, 14 <sup>th</sup> – 17 <sup>th</sup> March	22 <sup>nd</sup> December 2023	Noon Friday 2 <sup>nd</sup> February 2024	M&S Bank Arena, Liverpool
British Disability Masters 2024, 14 <sup>th</sup> – 17 <sup>th</sup> March	22 <sup>nd</sup> December 2023	Noon Friday 2 <sup>nd</sup> February 2024	M&S Bank Arena, Liverpool
National Excel Grades 2 & 3 2024, 10 <sup>th</sup> May	16 <sup>th</sup> February 2024	Noon Thursday 28 <sup>th</sup> March 2024	Fenton Manor Sports Complex
National Development Plan 4, 3, 2, 1 Finals 2024, 11 <sup>th</sup> May – 12 <sup>th</sup> May	16 <sup>th</sup> February 2024	Noon Thursday 28 <sup>th</sup> March 2024	Fenton Manor Sports Complex
Disability Artistic British Championships 2024, 28 <sup>th</sup> September	5 <sup>th</sup> July 2024	Noon Friday 16 <sup>th</sup> August 2024	Welsh Institute of Sport
Club Team Championships 2024, 12 <sup>th</sup> -13 <sup>th</sup> October	19 <sup>th</sup> July 2024	Noon Friday 30 <sup>th</sup> August 2024	Fenton Manor Sports Complex
National FIG Development Levels 2 & 3 & Junior FIG 2024, 1 <sup>st</sup> November	9 <sup>th</sup> August 2024	Noon Friday 20 <sup>th</sup> September 2024	Guildford Spectrum
Classic Challenge Championships 2024, 22 <sup>nd</sup> – 24 <sup>th</sup> November	30 <sup>th</sup> August 2024	Noon Friday 11 <sup>th</sup> October 2024	Surrey Sports Park

For a complete domestic and international calendar of events please follow link 



# Eligibility

## Membership

All persons attending British Gymnastics events in an official capacity, whether as a gymnast, coach or judge are required to hold a current British Gymnastics membership in line with the level of competition entered and awards held.

- **Gymnasts**


Membership level must be Competitive Gymnast, Coach or Life Member of British Gymnastics, in order to enter a British Gymnastics Event.

In normal circumstances, gymnasts should also be a member of a British Gymnastics registered club.

In exceptional cases, where a gymnast does not belong to a British Gymnastics registered Club, they must contact the Events Department and request entry into the Event. If granted, such gymnasts will be given the classification as being “Independent”. In such circumstances independent gymnasts must nominate a coach and must also meet all other membership requirements.

For all Grades/NDP Events, gymnasts must hold current British Gymnastics Competitive Gymnast membership at the time of the Regional Qualification Events. Anyone discovered to have been without the correct level of membership for these qualification Events will be disqualified.

- **Lead Coaches**


Lead Coaches’ membership level must be Coach or Life Member of British Gymnastics and coaches must be qualified to the level of all the skills being performed by all gymnasts in the club/region before being allowed to participate in a British Gymnastics Event. Lead Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The Lead Coach may authorise other coaches from their club/region to coach skills at a maximum of 1 level higher than that coaches’ qualification (Supervised Coach) but has responsibility for ensuring that they are competent to do so. For further information on the Lead and Supervised Coaches, please click here 

- **Coaches**

Coaches’ membership level must be Coach or Life Member of British Gymnastics and Coaches must be qualified to a minimum of level 2. Coaches must be qualified to the level of the all the skills being performed by the gymnasts for which they are responsible Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**

*Please note that Supervised Coaches requirements have now reverted to pre-COVID levels.*

To be a Supervised Coach you must be a minimum of Level 2. With the explicit authorisation of the Lead Coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification. Before being allowed to participate in a British Gymnastics Event, the Supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced for Lead and Supervised coaches, please click here 

- **Assisting Coaches**

Assisting Coaches’ Membership level must be Assistant Coach (if Level 1), Coach or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the gymnasts.

- **Choreographer**

Choreographers’ Membership level must be Competitive Gymnast, Assistant Coach (if Level 1), Coach, Sport Support Services, or Life Member of British Gymnastics before being allowed to participate in a British Gymnastics Event. Choreographers must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Disability Chaperone**

Disability Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Disability Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. This Disability Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Disability Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The

Disability Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.


- **Medical Chaperone**

In exceptional cases, upon written request, a Medical Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for this carer (from a GP or other medical practitioner) will be required to be submitted to the Events Department at least 1 week prior to the start of the Event. The Medical Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Medical Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Medical Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.

- **Supervising Chaperone**

The TC may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable, will be defined in the specific competition pages. In these circumstances the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.


- **Judges**

Judges' membership level must be Judge or Life Member of British Gymnastics for Club/County/Regional Judges, and National/Brevet Judge or Life Member of British Gymnastics for National and Brevet Judges before being allowed to officiate at a British Gymnastics Event. Members with coaching memberships that also have the required judge qualifications as laid out above are also applicable. 

From time-to-time British Gymnastics may invite international judges to officiate at British Gymnastics events, as such they will not require British Gymnastics membership.

Judges must also hold a current cycle of judging award (Cycle 15)

British Gymnastics does not require judges to complete a criminal record check to judge at British Gymnastics competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility\*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. British Gymnastics no longer requires all judges to complete safeguarding training, but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

\* Judges who hold Scottish Gymnastics membership should refer to Scottish Gymnastics  for further guidance as to whether a check is required.

For further information on membership levels please visit the British Gymnastics Website. 

## Coach Qualifications

When submitting entries for a British Gymnastics Event, clubs/regions must ensure that all coaches are qualified at the appropriate level.

Where Supervised Coaches are coaching skills one level above their current qualification, they must have been working in the training environment on these skills under the direct supervision of a coach who is qualified at the correct level. All coaches should continue to conduct risk assessments prior to undertaking any skill and assess the appropriate level of skill and support needs of both the gymnast and the coach on the floor at the event.

All Coaches must have completed the [British Gymnastics Positive Coaching module](#) 

All Coaches entered into the event entry MUST be the same as those attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

It is the club/region's responsibility to ensure that only accredited coaches are on the Field of Play and warm up areas.

Coaches who are used to push mats must be at least a level 2.

Lead Coaches have a duty of care towards their performers and have responsibility to ensure that all of the coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Medical and Supervising Chaperones may be accredited, at the discretion of the Organiser, to be present in the warm up hall and where applicable the Field of Play, to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies British Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

## **Safeguarding**

All Coaches, Lead Coaches, Supervised Coaches and Assisting Coaches are required to hold a valid DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event.

Coaches who do not fulfil this requirement will not be accredited or allowed to participate at British Gymnastics Events.

All gymnasts must have an accredited coach, present on the field of play and in the warmup hall at all times. If a gymnast attends a competition without a suitably qualified coach or supervised coach, they will not be allowed to compete.

More information about our safeguarding requirements and the training/certificates that we accept, can be found on our website via the [Safeguarding and Safe Sport page](#) under 'Safeguarding', and by scrolling down to 'Training'.

Coaches must also have a valid home country criminal record check both at the time of entry and through to the end of the event before being allowed to participate at a British Gymnastics Event.

## **Nationality**

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

## **British Championships**

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statutes. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold a FIG Licence registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official competition results.

### **Other British Gymnastics Events**

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

### **Disclosure**

It is the responsibility of the person making the event entry to ensure that all of the gymnasts have declared their nationality by contacting the events team at point of entry.

### **Policy for the Participation of Trans People in Gymnastics Competition**

For information on Transgender, please refer to the Policy for The Participation of Trans People in Gymnastics Competition



## Competition Entries

### Entry Process

Entry to all National British Gymnastics Events are Online only.

Complete instructions for adding an entry via the GymNET online Entry Portal are available to download from the British Gymnastics Website [🔗](#)

All entries must be fully submitted electronically to British Gymnastics by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

### Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach must contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date, a decision will be made between the Technical Committee, the Events Department, and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

### Disability Gymnastics

British Gymnastics is focused on ensuring fair and equal opportunities are provided to all gymnasts.

Disabled gymnasts may compete in both mainstream and dedicated disability British Gymnastics competitions, providing they meet the eligibility criteria for the competition. Disabled gymnasts may switch between mainstream and disability competitions within the same or different disciplines. Only those disabled gymnasts who meet the eligibility criteria may compete in disability competitions.

All gymnasts competing within a mainstream competition will be judged by the same rules and criteria regardless of ability and/or disability.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition. All disabled gymnasts should complete a classification certificate as good practice when competing at regional level or above. A classification certificate is compulsory for gymnasts competing at a British Gymnastics National Event.

Disabled gymnasts will be required to provide proof of Disability at least six weeks before the event. Please note that unless there are any significant changes, a Disability Classification Certificate only needs to be completed once in most cases. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification Pack](#) [🔗](#)

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts who have medical conditions or impairments that require special consideration at British Gymnastics events. This information should be shared with the British Gymnastics Events Team at the point of competition entry and will enable the British Gymnastics Events Team to endeavour to make any reasonable adjustments in line with the Equality Act and where possible to cater for the additional needs of each gymnast.

### Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by British Gymnastics within 48 hours of the entry being submitted.

Cheques are no longer accepted, therefore clubs and regions must arrange alternative payment methods.

Entry fees are non-refundable after the closing date.

## British Gymnastics Foundation Hardship Grants

Our Charity, the British Gymnastics Foundation, runs a Hardship Grants programme which provides grants of up to £500 for individual members of British Gymnastics, who are experiencing significant financial hardship. If you are unable to afford the costs of participating in gymnastics, and are in danger of dropping out of gymnastics because of this, then please do apply for a hardship grant [here](#). The cost of competitions is an eligible item of expenditure within the Hardship Grants criteria. Please note that the Hardship Grants programme is not continually open for applications, but details on grant round timings can be found on the Hardship Grants application page in the link above.

## Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions). However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the British Gymnastics Events department and will then be referred to the Organiser for consideration. The Organiser and British Gymnastics Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

## Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Individual & Regional Team Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a gymnast, they can only do so up to one week before the event, in writing to the British Gymnastics event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme or other event related items.

Where it is necessary to substitute a Coach the club must inform the British Gymnastics Events Department, so the Coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, and current British Gymnastics specific DBS.

Where there are specific rules and/or processes relating to withdrawals and substitutions please refer to the specific event page.

## Non-Participation Fee

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on [page 6](#) of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team or the Organiser as laid out above will result in the non-participation fee being charged.

# General Regulations

## Terms & Conditions of Entry to All Competitions

In addition to British Gymnastics General Rules & Regulations -

- By entering a British Gymnastics National Event you are agreeing to a zero-tolerance approach to foul language or any abusive and aggressive behaviour. Anyone found to be breaking these rules will be asked to leave the competition floor and, if necessary, the Arena. Please help ensure the competition arena is a friendly atmosphere.
- All entrants agree to be treated by British Gymnastics appointed medical staff only and be bound by the decision of British Gymnastics medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry about a score awarded by the judges, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. If requested British Gymnastics will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the British Gymnastics Photography at Gymnastics events policy. 
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- By submitting an entry to a British Gymnastics event, you must ensure those individuals whose personal data you are providing may be used by British Gymnastics in relation to the event (this includes gymnasts and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which are sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights 

## Competition Attire

- **Gymnasts**

In order to make British Gymnastics' events more inclusive and accessible, a new policy has recently been approved by the Board, following consultation with the National Technical Committee and having adopted feedback received from the community.

In principle this policy overarches but should be read in conjunction with the discipline specific policies and references in the Codes of Points and other documents.

In essence the policy seeks to break down barriers to participation by for example removing gender specific requirements for competition attire. e.g. girls may now wear shorts or leggings.

These overarching principles may be found in the [Competition Attire at Events for Gymnasts Policy](#) 

The implementation of this policy will be monitored for the first year and reviewed accordingly, but coaches are encouraged to contact British Gymnastics office, or their respective Competition Organiser should they have any queries about the attire that they propose for their gymnast to wear at British Gymnastics events.

Advertising must adhere to the [Advertising on Clothing & Competition Attire at Events Policy](#) 

When representing your Club (excluding NDP Individual and Regional Team Finals – Home Nations only), the wearing of GBR or Home Country attire at British Gymnastics Events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or home nation flag) within the design of any leotard is expressly forbidden.

By being in breach of this rule, the FIG/EG sanctions will be applied – see link 4.6. Sanctions 4.6.1. Penalties for misuse are listed in the FIG/European Gymnastics Code of Points for each discipline. 4.6.2. In case of discrepancy or interpretation for penalties, the FIG/European Gymnastics Code of Points prevails in all cases.

Strapping – a suitable colour of tape should be used, i.e. no bright colours or patterns.

The removal of leotards on the field of play is not allowed.

- **Coaches**

Coaches must wear a tracksuit with full length tracksuit bottoms or full-length tracksuit bottoms with a collared polo shirt or club/region t-shirt and appropriate gym/training shoes.

The wearing of GBR or Home Nation attire at British Gymnastics Events is strictly forbidden.

Long hair should be braided or tied back so as not to obscure vision.

Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per [Health & Safety Guidance: Safe Coaching](#)

- **Judges**

Male: Blazer or suit, trousers, white shirt, British Gymnastics/FIG or plain dark tie, black or blue shoes

Female: Blazer or jacket, skirt or full-length trousers, white blouse, black or blue shoes (without heels)

Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Please refer to discipline specific rules in the [FIG General Judges' Rules 2022-2024](#) for further information.

For gymnasts, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

## Music (where applicable)

All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date). If your gymnast does not require music, please tick the 'Music not required'.

Instructions for submitting music electronically may be found within the [Online Entry Guide](#)

Coaches are advised to carry a backup copy of all music files (contained within an USB storage/flash drive) that can be used in the event of any technical issues with the music submitted. Each track on the USB drive must be in MP3 format and clearly labelled with the following format:

Gymnast Names -Club-Category-Routine

## Late Music Submission (where applicable)

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to the club basket. In the case of regional entries, the fee will be added to the basket of the person that has made the entry. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

## Music Licensing (where applicable)

All music used in competition routines must conform to the relevant licensing requirements. Details may be found upon logging into the Club Hub Resources Website and accessing the PPL/PRS page via the "Places" tab.

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL Website to confirm the track is included within their repertoire.

To check tracks, go to [PPL Website](#) and enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber, or Cirque du Soleil to use the track and pay the relevant licensing fees.

## Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Technical Committee reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.



## Registration

Coaches must make adequate provision for the supervision of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by British Gymnastics.

Specific registration processes where appropriate can be found in the event work plan.

## Access to Warm up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event.

On arrival, coaches will need to register and collect their accreditation from registration.

In the case of events spanning more than one day, accreditation will be issued for each day.

At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by British Gymnastics.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

## Food and Drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

## Babies and Young Children

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

## Medical Provision

Anyone requiring First Aid assistance should speak to either the Organiser or British Gymnastics medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all British Gymnastics Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status, and their ability to compete at the event is absolute and final.

## Medal Ceremonies

Except in exceptional circumstances, gymnasts who win a medal at a British Gymnastics Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person.

Medals will only be distributed at events, not by post.

Attire for medal ceremonies is according to FIG World Championships or European Gymnastics rules. 

## Tenure of Trophies

All perpetual trophies remain the property of British Gymnastics.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the British Gymnastics offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

## Privacy

British Gymnastics Privacy Notice 

At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and “Judgecam” videos from British Gymnastics events, where BGScore is present will be made available in the BGScore App and also published on the British Gymnastics Website in the specific event page.

## Video, Film and Photography

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, YouTube etc. and our third-party partner organisations for general promotional purposes.


Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will make every effort to ensure any identifiable images of the participant are not published.

British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.



To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the BG Score App and website but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the [British Gymnastics Health Safety and Welfare Policy](#) 

Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with [British Gymnastics Photography Policy](#)  and in conjunction with the [British Gymnastics Safeguarding Policy and Health Safety & Welfare Policy](#) 

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

## Health & Safety


The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration.


All British Gymnastics policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

## Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be British Gymnastics recognised Safeguarding and Protecting Children award or Home Country equivalent. The appropriate criminal records checks should also have been completed.

For Overnight Trips the appropriate form needs to be completed in full and sent to British Gymnastics at least six weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of any overnight stays may invalidate your insurance. You can find the UK Overnight Stay Application form by following this link. 


Please note that the British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance. 

## Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the [British Gymnastics policy](#) 

## Manipulation of Competition

British Gymnastics, as a sports organisation bound by the Olympic Charter and the International Olympic Committee Code of Ethics, declares our commitment to support the integrity of sport and fight against the manipulation of competitions by adhering to the standards set out in the Olympic Movement Code on the Prevention of the Manipulation of Competitions and by requiring their members to do likewise. Please follow the link to read the Prevention of Manipulation of Competitions Policy 

# Women's Artistic Technical Information

## Code of Conduct

British Gymnastics National Technical Committee Code of Conduct 

Women's Artistic Judges Code of Conduct 

British Gymnastics, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, gymnast or team at any time, if they do not comply with British Gymnastics regulations.

## Regional Representation

Gymnasts may only represent the region to which their club is affiliated.

Exceptional circumstances will be considered following written application to the WTC.

Where regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their region, not club. Gymnasts must be in regional uniform. Non-matching leotards/unitard will be deducted according to FIG rules. However, there will not be a deduction if one gymnast decides to wear plain shorts or a unitard providing the body of the leotard/unitard is matching.

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in [Pages 9&10](#) of the National Competition Handbook.

## Qualification from Regional Events to National Finals

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify. Extenuating circumstances will be considered following written application to the WTC before any attempt to qualify in another region.

## Coaches

Where more than one coach is permitted, FIG regulations apply. FIG COP Section 3 P1 regulations for coaches:


Number of coaches Permitted in the Inner Circle:

Complete teams – 1 female and 1 male coach or 2 female coaches; if only 1 coach, then the coach may be male. 

## Competition Apparatus

Unless otherwise stated, the equipment at British Gymnastics national events will be to current FIG specifications and GB modifications where applicable: Only apparatus supplied at the request of the WTC may be used at national events.

### Tall Gymnasts – Uneven Bars

In line with the Cycle 15 CoP 2022-2024 that has been used for all WAG competitions from 1st January 2022, the height of the bars will be raised as standard by 5cm on each bar. An additional 5cm increase of the high bar can be requested for all gymnasts that still touch the mats with their feet during the exercise. This request must be made at the time of entry. This must then be verified by the Chair of Superior Jury or a member of the Superior Jury during training. 

Unauthorised raising of the bars will be penalised in accordance with the FIG regulations.

## **Inquiries:**

Official WTC inquiry forms are available from the Superior Jury and must be completed and returned to them within 10 minutes of the score being published. A coach should register their intention to inquire by approaching the Competition Organiser before completing the form. If a coach has approached the judging panel and discussed a gymnast's score, they cannot then register an inquiry. A coach may only inquire about the D score. Coaches can also request a time or line review.

The supervising coach for the club/region of the competing gymnasts places the inquiry form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event but added to the basket of the club/coach concerned if the inquiry is not upheld.

The WTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.

## **Age Policy**

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National British Gymnastics events is 9 years in the year of competition. The minimum age for entry to Women's Artistic National British Gymnastics events is 10 years in the year of competition.

To view further information on age, participation and competition please view the [Health & Safety Guidance: Coaching Practice](#) document (available within the Resource Library on GymNET).

A Gymnast is not eligible to enter Club, Regional or National Grades if they have qualified for British Championships through any route.

Age	Year of Birth	S.T.E.P Framework Pathway		National Development Pathway			
		Excel Grades	FIG Development Level	Performance Grades	Development Grades	Preparation Grades	National Classic Challenge
8	2016					<b>Preparation 1</b> Not eligible: Pass in 2023 or earlier at any regional, national or compulsory grade	<b>Tin Zinc</b>
9	2015	Excel 1	FIG Development 1			<b>Preparation 2</b> Not eligible: Pass in 2023 or earlier at any regional, national or compulsory grade <b>Preparation 3</b> Not eligible: Pass in 2023 or earlier at regional 3, 2 or 1, any national or compulsory grade	<b>Copper</b>
10	2014	Excel 2	FIG Development 2	<b>Performance 1</b>  Not eligible: Pass in 2023 or earlier at Compulsory 3 or 2	<b>Development 1</b>  Not eligible: Pass in 2023 or earlier at any national or compulsory grade		<b>Bronze</b>  Not eligible: Competed at British Championships in same year
11	2013	Excel 3	FIG Development 3	<b>Performance 2</b>  Not eligible: Pass in 2023 or earlier at Compulsory 3 or 2	<b>Development 2</b>  Not eligible: Pass in 2023 or earlier at any national or compulsory grade		
12	2012	<b>Aspire British Championships</b> for Gymnasts who have completed Compulsory 2 & Level 2 in 2022 or 2023.  <i>For 2024 Gymnasts born in 2011 can qualify to British Championships by achieving a minimum base score (TBC) at Home Nations. A minimum FIG score* from 2023 of 41.50 is required to be considered.</i>		<b>Performance 3</b>  Not eligible: Pass in 2023 or earlier at Compulsory 2	<b>Development 3</b>  Not eligible: Pass in 2023 or earlier at national 3, 2 or 1 or any compulsory grade		<b>Silver</b>  Not eligible: Competed at British Championships in same year
13	2011	<i>For 2024 Gymnasts born in 2011 can qualify to British Championships by achieving a minimum base score (TBC) at Home Nations. A minimum FIG score* from 2023 of 41.50 is required to be considered.</i>		<b>Performance 4</b>  Not eligible: Pass in 2023 or earlier at Compulsory 2	<b>Development 4</b>  Not eligible: Pass in 2023 or earlier at national 2 or 1 or any compulsory grade		
14	2010	<b>Junior British Championships</b> for gymnasts who have previously competed at British Championships, or gymnasts who completed Compulsory 2 & Level 2 in 2023.  <i>For 2024 Gymnasts born in 2010 can qualify to British Championships by achieving a minimum base score (TBC) at Home Nations. A minimum FIG score* from 2023 of 41.50 is required to be considered.</i>					<b>Gold</b>  Not eligible: Competed at British Championships in same year
15	2009	Qualification to <b>Junior British Championships</b> through ranking at Home Nations. A minimum FIG score* from 2023 of 41.50 is required to be eligible for ranking.					
16+	2008	Qualification to <b>Senior British Championships</b> through ranking at Home Nations. A minimum FIG score* from 2023 of 41.50 is required to be eligible for ranking.					

\*FIG score can be achieved from the following 2023 competitions:

WTC Cup, Home Nations Championships, British Championships, Club Teams Championship, 1 of 2 Regionally sanctioned Qualifying competitions.

# British Championships

## Aspire, Junior and Senior

<b>Date:</b>	14th March – 17th March 2024	<i>Pre-competition training available for Seniors only</i>
<b>Venue:</b>	M&S Bank Arena, Liverpool	
<b>Opening Date:</b>	Friday 22nd December 2023	
<b>Closing Date:</b>	Noon Friday 2nd February 2024	
<b>Music Entry Closing Date:</b>	Noon Friday 8th March 2024	
<b>Entry Fee:</b>	£90.00 per gymnast. All gymnasts not successful in achieving a ranking will be eligible to a full refund for the entry cost.	
<b>Code:</b>	Aspire - FIG CoP 2022-2024  + WA British Championships Rules 2024 	
	Junior - FIG CoP 2022-2024  + WA British Championships Rules 2024 	
	Senior - FIG CoP 2022-2024 	

### Eligibility:

#### Aspire

- Age 12 or 13 years old in the year of competition and must have:
- Participated in previous British Championships, or
- Pass at Compulsory Level 2 & achieved a combined score at Voluntary 2, or
- Achieved a ranking through 2024 Home Nations with a base score to be confirmed following review of the Home Nation Championships results.

#### Junior

- Age 14 or 15 in year of competition

Gymnasts aged 14 must:

- Have participated in previous British Championships, or
- Have a pass at Compulsory Level 2 & achieved a combined score at Voluntary 2 in 2023, or
- Have achieved a ranking through Home Nations in 2024 with a base score to be confirmed following review of the Home Nation Championships results.

Gymnasts aged 15 must:

- Be in British Gymnastics / GBR Squad or
- Have achieved a pass at Compulsory 2 & achieved a combined score at Voluntary 2 in 2023, or
- Have achieved a ranking through Home Nations in 2024 with a base score to be confirmed following review of the Home Nation Championships results.

#### Senior

- Age 16 or over in year of competition and must:
- Be in BG / GBR Squad or
- Have achieved a ranking through Home Nations in 2024 with a base score to be confirmed following review of the Home Nation Championships results.

The WTC, in agreement with the National Coaches, may offer discretionary entry to the British Championships which reflect the long-term direction and aims of the WAG Performance Pathway Programme.

The WTC in agreement with the Performance Team may utilise unallocated places to offer automatic entry to the British Championships which reflect the long-term direction and aims of the WAG Performance Pathway Programme.

### Nationality & Guest:

Gymnasts of foreign nationality or who hold an FIG license for another member federation, must ensure that their nationality is declared on their membership record in order for them to be identified as guests. Please revisit [Page 10](#) for more details on guests. Entries from guests will only be considered if the number of entries allows.

### Competition Structure:

- Competition format is as per FIG Technical Regulations 2024 and Code of Points 2022-2024
- Specific rules for Aspire, Junior & Senior rules are published on British Gymnastics Website.

### Specific Apparatus Requirements:

- Apparatus supplied by Gymnova
- Aspire, Junior & Senior Apparatus specifications are as per FIG - except for vault matting, this will be the FIG mats turned to provide a soft landing
- Gymnasts are permitted to use Gymnova only personal beam pads in podium training and warm-up. No other equipment will be permitted to be used at this event.

Category	Vault	Bars	Beam	Floor
Aspire	FIG landing mats soft side uppermost Additional 4 & 5 coil springboards Additional 20cm or 10cm landing mat for warm-up only	2x1.4 x 10cm Jersey mat warm-up and competition		2x2 x 10cm mat warm-up only 5cm landing mat for warm up and competition (white lines still need to be marked for border definition)
Junior	FIG landing mats soft side uppermost Additional 20cm or 10cm landing mat for warm-up only	2x1.4 x 10cm Jersey mat warm-up only	2x2 x 10cm mat warm-up only	2x2 x 10cm mat warm-up only 5cm landing mat for warm up only. The 10cm or 5cm mats can be used in competition but a 0.5 penalty will be applied.
Senior	FIG landing mats soft side uppermost Additional 20cm or 10cm landing mat for warm-up only	2x1.4 x 10cm Jersey mat warm only	2x2 x 10cm mat podium training and warm up	2x2 x 10cm mat warm-up only 5cm landing mat for warm up only The 10cm or 5cm mats can be used in competition but a 0.5 penalty will be applied.

### Coach Qualification and Passes:

- The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Aspire, Junior & Senior	UKCC Level 2
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- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present in warm-up hall and in the field of play.



- 1 coach per gymnast can be on the podium at any one time except on bars where a second coach is permitted to remove the springboard.

#### **Individual Apparatus Finalists:**

- Top 8 ranked gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in Junior / Senior apparatus finals.
- Top 6 ranked Aspire gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in Aspire apparatus finals.
- Those attempting to qualify for Vault finals must submit an entry form at registration.
- Seniors will compete two different vaults which must be from different groups and with different second flight phase, as per FIG CoP 2022-2024.
- Juniors will compete two different vaults which may be in the same group but with different numbers, as per FIG Junior CoP 2022-2024.
- Aspires will compete two different vaults which may be in the same group but with different numbers, as per the British Aspire 2024 rules in Women's Artistic Aspire, Junior and Senior British Championships rules 2024.
- First vault in qualification will be counted in the All Around score.
- In the finals the score of the two vaults will be calculated according to FIG rules including any BG bonus where applicable

#### **Tie Breaks:**

- Tie-break rules as per FIG Regulations (World Championships)  .

#### **Awards:**

- Aspire, Junior and Senior All-Around gold, silver and bronze medals & diploma
- A trophy will be presented to the Aspire, Junior and Senior All-Around Champion.
- A presentation will be made to the coaches of the overall Aspire, Junior and Senior British Champions
- In each age group top 6 individuals will be announced and lined up with medallists

# British Individual Apparatus Finals

## Aspire, Junior and Senior

### Code:

**Aspire:** FIG CoP 2022-2024  + WA British Championships Rules 2024 

**Junior:** FIG Junior CoP 2022-2024 Competition III Rules; (Bars,Beam,Floor)

**Junior:** FIG Junior CoP 2022-2024 (Vault only), two different Vaults – may be same group but different numbers

(Page 182-183 of the FIG Code of Points) 

**Senior:** As per FIG Competition III 

### Eligibility:

#### Aspire

6 highest scoring gymnasts and 2 reserves on each piece.

Qualifying gymnasts will automatically be entered into the final unless formally withdrawn.

Qualifiers (top 6 gymnasts and 2 reserves) will be published in hard copy on the warmup hall notice board and the BG Score App and British Gymnastics Website.

Unless officially notified of a withdrawal by the nominated coach, the gymnast will be assumed to be taking part.

The 2 reserves for each apparatus are eligible to warm-up if they wish.

The substitution of a withdrawn gymnast with a reserve may take place up until the assembly of gymnasts for the march on of each apparatus final.

#### Junior and Senior

8 highest scoring gymnasts and 2 reserves on each piece

Qualifying gymnasts will automatically be entered into the final unless formally withdrawn.

Qualifiers (top 8 gymnasts and 2 reserves) will be published in hard copy on the warmup hall notice board and the BG Score App and British Gymnastics Website.

Unless officially notified of a withdrawal by the nominated coach, the gymnast will be assumed to be taking part.

The 2 reserves for each apparatus are eligible to warm-up if they wish.

The substitution of a withdrawn gymnast with a reserve may take place up until the assembly of gymnasts for the march on of each apparatus final.

### Tie Breaks:

Tie-break rules as per FIG Regulations (World Championships) .

### Awards:

- Aspire, Junior and Senior individual apparatus gold, silver and bronze medal for Vault, Bars, Beam and Floor.
- A trophy will be presented to the individual apparatus champion for Vault, Bars, Beam and Floor

# British Disability Masters

<b>Date:</b>	14 <sup>th</sup> March – 17 <sup>th</sup> March 2024	(Pre competition training available)
<b>Venue:</b>	M&S Bank Arena, Liverpool, Kings Dock, Liverpool L3 4FP	
<b>Opening Date:</b>	Friday 22 <sup>nd</sup> December 2023	
<b>Closing Date:</b>	Noon Friday 2 <sup>nd</sup> February 2024	
<b>Music Entry Closing Date:</b>	Noon Friday 8 <sup>th</sup> March 2024	
<b>Entry Fee:</b>	£20.00 per apparatus	
<b>Code:</b>	WAG Disability Rules 2023- Open Competition 	


## Eligibility:

By invitation only - (The top 50% of scores on each piece of apparatus, up to a maximum of 6 women from the Open Junior and Senior class from the WAG Disability British Championships in the previous year, will be eligible for invitation by their respective NTC. In addition, the NTC reserve the right to award 'wildcards' where thought appropriate for qualification.)

## Competition Structure

- Competition Open Class Women – Individual Apparatus Finals to Open Competition rules

## Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Disability Masters	UKCC Level 2

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present in warm-up hall and in the field of play.
- 1 coach per gymnast can be on the podium at any one time except on bars where a second coach is permitted to remove the springboard.

## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) .

## Awards:

- Trophy, gold medal & diploma for vault, uneven bars, beam, floor
- Silver medal & diploma for vault, uneven bars, beam, floor
- Bronze medal & diploma for vault, uneven bars, beam, floor

## **Excel Grades 2 & 3**

### **(combined with NDP Finals - Performance Grades 1, 2, 3, 4)**

<b>Date:</b>	10 <sup>th</sup> May 2024
<b>Venue:</b>	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke-on-Trent ST4 2RR
<b>Opening Date:</b>	Friday 16 <sup>th</sup> February 2024
<b>Closing Date:</b>	Noon Thursday 28 <sup>th</sup> March 2024 (due to Good Friday)
<b>Music Entry Closing Date:</b>	Noon Friday 3 <sup>rd</sup> May 2024
<b>Entry Fee:</b>	£220.00 per regional team, £55.00 per individual gymnast (Entry Fees may increase with inflation)
<b>Code:</b>	2023 Women's Artistic S.T.E.P Framework Excel Grades for Coaches & Judges*  *Available to British Gymnastics member coaches and judges on the British Gymnastics website under "Coaches & Community" -> "Coaching Resources" -> "WAG Competition framework".

#### **Eligibility:**

##### **Excel Grade 2**

- Gymnasts minimum age 10 in the year of competition
- The first four gymnasts from their regional qualifier in Excel Grade 2 will represent the region in the national finals.
- The gymnast in fifth place will be the nominated reserve

##### **Excel Grade 3**

Individual entry direct to national finals, no regional qualification is required.

- Gymnasts minimum age 11 in year of competition.
- Gymnasts must have passed Compulsory Level 3 in 2023 or before.
- Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the entry closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged.

For all Excel Grade competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.

There must be a minimum of one National or Brevet judge at each qualifying competition.

#### **Competition Structure:**

- Excel Grade 2- 10 minute general warm-up then apparatus warm-up and compete
- Excel Grade 3- 10 minute general warm-up then apparatus warm-up and compete

#### **Team**


- 4,4,3 team competition.
- The team score will be the total of the 3 best scores on Vault, Bars, Beam, Floor and Range and Conditioning
- Working order for the team must be handed in at registration
- Nominated reserves will march in and act as team board steward during competition. The nominated reserve may only replace a withdrawn team member **BEFORE** the start of competition.

#### **Specific Apparatus Requirements:**

- Apparatus supplied by Gymnova
- Apparatus specifications as per 2023 Women's Artistic S.T.E.P Framework Excel Grades for Coaches & Judges\*
- Additional extra soft boards will be available for vault - 4 spring and modified 5 spring

\*Available to British Gymnastics member coaches and judges on the British Gymnastics website under “Coaches & Community” -> “Coaching Resources” -> “WAG Competition framework”.

### Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Excel Grade 3	UKCC Level 2
Excel Grade 2	UKCC Level 2

#### Excel Grade 2

- 1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.
- During the competition phase, 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

#### Excel Grade 3

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present during apparatus warm-up. During the competition phase, both coaches can be in the field of play but only 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard.

### Minimum Attainment Score

- Excel Grades 1,2 & 3 minimum attainment score will be confirmed following the review of the regional and national competition results

### Tie Breaks:

- At National Finals ties will not be broken
- At Regional Qualification for Excel Grade 2 ties at 4th place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop R&C score
  3. Drop vault score
  4. Drop bars score
  5. Drop beam score
  6. Drop floor score

### Awards:

#### Excel Grade 2

- Team gold, silver and bronze – top 6 teams announced
- Individual gold, silver and bronze - top 6 individuals will be announced and lined up with medallists.
- Rose Bowl - team totals from Excel Grade 2 will be combined with the NDP Performance Grades 1, 2, 3 & 4 finals where the Rose Bowl will be awarded to the region with the highest total score

#### Excel Grade 3

- Individual All Around gold, silver and bronze - top 6 individuals will be announced and lined up with medallists.

# NDP Finals

## Performance Grade 1, 2, 3 & 4 (combined with Excel Grades 2 & 3)

<b>Date:</b>	11 <sup>th</sup> - 12 <sup>th</sup> May 2024	<i>(No pre-competition training)</i>
<b>Venue:</b>	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke-on-Trent ST4 2RR	
<b>Opening Date:</b>	Friday 16 <sup>th</sup> February 2024	
<b>Closing Date:</b>	Noon Thursday 28 <sup>th</sup> March 2024 (due to Good Friday)	
<b>Music Entry Closing Date:</b>	Noon Friday 3 <sup>rd</sup> May 2024	
<b>Entry Fee:</b>	£220.00 per regional team (Entry Fees may increase with inflation)	
<b>Code:</b>	WAG NDP 2024-2027*	

\*Available to British Gymnastics member coaches and judges on the British Gymnastics website under "Coaches & Community" -> "Coaching Resources" -> "WAG Competition framework".

### Eligibility:

- Minimum age as stated in NDP Performance Grades Booklet
  - Performance Grade 1: gymnasts minimum age 10 in the year of competition
  - Performance Grade 2: gymnasts minimum age 11 in the year of competition
  - Performance Grade 3: gymnasts minimum age 12 in the year of competition
  - Performance Grade 4: gymnasts minimum age 13 in the year of competition
- The first five gymnasts in each Performance Grade (1, 2, 3 & 4) will represent the region in the National Finals
- There will be no nominated reserve
- All gymnasts entering National Finals must have achieved a minimum score of 50.00 in Regional Qualifier
- Regional team entry only – no individual entries accepted.

Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the entry closing date. Entry will be refused until results are submitted and if results are received after the closing date the late entry fee will be charged.

For all NDP competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.

There must be a minimum of one National or Brevet judge at each qualifying competition.


### Competition Structure:

- 10 minute general warm-up then apparatus warm-up and compete for all Performance Grades
- Range & Conditioning will be performed at National Finals.
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty. If they then touch the gymnast the normal FIG penalties will apply.

### Team:

- 5,4,3 team competition
- The team score will be the 3 best scores on Vault, Bars, Beam, Floor and Range & Conditioning.
- Working order for team must be handed in at registration

### Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
NDP Performance Grades 4, 3, 2 & 1	UKCC Level 2

- 1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.
- During the competition phase, 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard.

### Specific Apparatus Requirements:

- Apparatus supplied by Gymnova
- Apparatus specifications are as per the FIG regulations with modifications as per the WAG NDP 2024-2027\*
- Vault matting, will be the FIG mats turned to provide a soft landing
- Additional Extra soft boards will be available for vault - 4 spring and modified 5 spring

\*Available to British Gymnastics member coaches and judges on the British Gymnastics website under “Coaches & Community” -> “Coaching Resources” -> “WAG Competition framework”.

### Tie Breaks

1. At National Finals ties will not be broken
2. At Regional Qualification ties at 5th place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop R&C score
  3. Drop vault score
  4. Drop bars score
  5. Drop beam score
  6. Drop floor score

### Awards


- Team gold, silver and bronze in each Grade – top 6 teams announced
- Any additional awards to be presented are currently under review and will be updated upon completion of this work.
- Rose Bowl – team total from Excel Grade 2 will be added to the team totals from NDP Performance Grades 1, 2, 3 & 4 and the Rose Bowl will be awarded to the region with the highest total score

# Disability Artistic British Championships

**Please note all rules and regulations noted in pages 1- 18 of this Handbook apply to this competition**

<b>Date:</b>	28th September 2024
<b>Venue:</b>	Welsh Institute of Sport, Cardiff
<b>Opening Date:</b>	Friday 5 <sup>th</sup> July 2024
<b>Closing Date:</b>	Noon Friday 16 <sup>th</sup> August 2024
<b>Music Entry ClosingDate:</b>	Noon Friday 20 <sup>th</sup> September 2024
<b>Entry Fee:</b>	£60.00 per gymnast (Entry Fees may increase with inflation)
<b>Code:</b>	WAG 2024 Disability Competition Rules 

## Eligibility:

Gymnasts must have an approved Disability Classification in order to be eligible to compete. Gymnasts competing for the first time in a disability event are required to send in a Disability Gymnastics Classification Certificate  as proof of disability at least 6 weeks before an event to British Gymnastics Customer Support.


## Competition Structure:

Competitions available

- Open
- Competition A
- Competition B

In all Disability Competitions Age groups & Competition Groupings will be determined according to entries and classification profiles in order to make a fair and meaningful competition.

## Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Disability Championships	UKCC Level 2

- 2 coaches per gymnast can be nominated (including the lead coach where appropriate). Both coaches can be present during apparatus warm-up.
- During the competition phase, both coaches can be in the field of play but only one coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard. A Supervising Chaperone is permitted for the competition and will take the second coach position.

## Awards:

- Trophies will be presented to the winners of the Open (Senior) competition.
- A presentation will be made to the coaches of the overall Senior British Champion
- All Around and Apparatus Medals will be awarded to the top 3 overall placing gymnasts in each Competition Group offered.
- To be considered for overall placing in the Open, Competition A and Competition B, the gymnast must compete on a minimum of 3 (Women) or 4 (Men) pieces of apparatus. The overall total scores for each gymnast will determine the final placing.



# Club Team Championships

<b>Date:</b>	12 <sup>th</sup> October – 13 <sup>th</sup> October 2024	<i>(No pre-competition training)</i>
<b>Venue:</b>	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke-on-Trent ST4 2RR	
<b>Opening Date:</b>	Friday 19 <sup>th</sup> July 2024	
<b>Closing Date:</b>	Noon Friday 30 <sup>th</sup> August 2024	
<b>Music Entry Closing Date:</b>	Noon Friday 4 <sup>th</sup> October 2024	
<b>Entry Fee:</b>	£220.00 per club team (Entry Fees may increase with inflation)	
<b>Code:</b>	FIG Senior Code 	
	Uneven Bars - an exercise with less than 7 different coded elements will be deducted 1.00 for each missing element	

## Eligibility:

- Open to any BG registered club up to a maximum of 36 teams
- If the number of teams exceeds 36, places will be limited to 1 team per club and awarded on a first come first served basis after the closing date. Clubs wishing to enter 2 teams will have their 2nd team, placed on a reserve list to be invited once all clubs have been allocated a place and following any team withdrawals.
- Gymnasts must be registered with the club according to BG regulations

## Senior Team Competition

Gymnasts in the senior team must be a minimum of 14 years old in the year of competition.

## Junior Team Competition

Gymnasts in the junior team must be a minimum of 11 years and a maximum of 15 years old in the year of competition

## Entry Process including substitutions and withdrawals:

- At the time of entry, a club can enter up to 10 gymnasts per team, entering the correct age category reflective of the age of the oldest gymnast. If entering the junior category all gymnasts including reserves must be between 11 – 15 years of age
- Minimum number of gymnasts named is 3
- The anticipated team should be named and up to 5 additional gymnasts entered as reserves before the closing date.
- After the closing date and up to noon on Friday 11<sup>th</sup> October, the gymnasts named in the entry can be withdrawn and substituted from the named reserves, or between teams in the instance the club has 2 teams entered. Changes must be made in writing to the Competition Organiser at [womens.competitions@british-gymnastics.org](mailto:womens.competitions@british-gymnastics.org) and the Events Team at [rachel.seymour@british-gymnastics.org](mailto:rachel.seymour@british-gymnastics.org)
- At registration the team of 5 (minimum 3) must be confirmed from the 10 gymnasts named at the time of entry. Only the team of 5 will march in, named reserves cannot march in or go around with the team.

## Competition Structure:


- Competition format is as per FIG
- Two teams will be drawn on each apparatus with a split warm-up.

## Team:

- 5,5,3 team competition
- Previously named reserves cannot go around with the team
- If entry numbers allow, the competition will be scheduled with the junior and senior competitions on separate days. In this instance, clubs will be seeded by ranking from the previous year's results according to the category entered.

- If entry numbers do not allow the competition to be scheduled with junior and senior competitions on separate days, clubs will be seeded by ranking from the previous year's scores regardless of the category entered.
- New entrants will be drawn in the early rounds
- Working order for team must be handed in at registration

### Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

Competition	Coach Minimum Qualification Required
Junior Team	UKCC Level 2
Senior Team	UKCC Level 2

- 3 coaches per team can be nominated (including the lead coach where appropriate). All coaches can be present during apparatus warm-up.
- During the competition phase, 2 coaches per team can be in the field of play but only one coach can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard and on Vault where the second coach can input vault numbers
- N.B. coaches are welcome to swap providing there are never more than two in the field of play. FIG rules regarding coaches in a team competition apply

### Specific Apparatus Requirements:

- Apparatus specifications are as per FIG - except for vault matting, this will be the FIG mats turned to provide a soft landing .
- All modified boards will be available for vault – Aspire, Junior & Senior gymnasts.

Category	Vault	Bars	Beam	Floor
All age categories	Soft landing  Additional 20cm landing mat for warm up only	2x1.4 x 10cm Jersey mat warm up and competition	2x2 x 10cm mat warm up only	2x2 x 10cm mat warm up only  5cm landing mat only allowed in competition for D+ salto and higher (white lines still need to be marked for border definition)

### Tie Breaks:

- Team: In case of a tie, the team with the highest overall execution score (from counting score only) will prevail.

### Awards:

- Junior Team Champions – Medals (Gold, Silver & Bronze) & Bill Slater Junior Champion Shield
- Senior Team Champions – Medals (Gold, Silver & Bronze)& Senior Champion Shield

# FIG Development 2 & 3 & FIG Junior

Please note the change of event date from previously published

<b>Date:</b>	1st November 2024	<i>(No pre-competition training)</i>
<b>Venue:</b>	Guildford Spectrum	
<b>Opening Date:</b>	Friday 9th August 2024	
<b>Closing Date:</b>	Noon Friday 20th October 2024	
<b>Music Entry Closing Date:</b>	Noon Friday 25 <sup>th</sup> November 2024	
<b>Entry Fee:</b>	£220.00 per regional team, £55.00 per individual (Entry Fees may increase with inflation)	
<b>Code:</b>	FIG Development 2 & 3: 2024 WA National FIG Development 1, 2 & 3 for Coaches* FIG Junior: FIG Junior CoP 2022-2024 	

\*Available to British Gymnastics member coaches and judges on the British Gymnastics website under "Coaches & Community" -> "Coaching Resources" -> "WAG Competition framework".

## Eligibility:

### FIG Development 2

- Gymnasts must have achieved a minimum attainment score of "Working At" in Excel Grade 2 in 2024 and be a minimum 10 in year of competition
- The first 4 gymnasts in FIG Development 2 will represent their region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- Gymnasts in FIG Development 2 who do not finish in the first four are eligible to enter National finals as individuals providing they have achieved the required score (to be confirmed after the National Excel Grade Finals 2024) at FIG Development 2 in the regional competition.

### FIG Development 3

- Individual entry direct to National Final.
- Gymnasts must be aged 11 or 12 and have achieved a minimum attainment score of 51.00 in Compulsory Level 3 in 2023 or a minimum of "Working At" in Excel Grade 3 in 2024.

### FIG Junior

- Individual entry direct to National Final.
- Gymnasts must be aged 13 and have achieved a minimum of "Working At" in Excel Grade 3 in 2024

Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after closing date the late entry fee will be charged


## Competition Structure:

- FIG Development 2 15 minute general warm-up then apparatus warm-up and compete
- FIG Development 3 & FIG Junior – 15 minute general warm-up then apparatus warm-up then touch warm-up
- Individuals will be drawn at the end of groups. If there is more than one they will rotate between them.

## Team:

- FIG Development 2 is a 4,4,3 team competition.
- Nominated reserve may replace withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made.
- Working order for team must be handed in at registration.

### **Coach Qualification and Passes:**

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

<b>Competition</b>	<b>Coach Minimum Qualification Required</b>
FIG Development 2	UKCC Level 2
FIG Development 3	UKCC Level 2
FIG Junior	UKCC Level 2

### **FIG Development 2**

- 1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.
- During the competition phase, one coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

### **FIG Development 3 & Junior FIG**

- 1 coach per gymnast can be nominated. Each coach can be present during apparatus warm-up.
- During the competition phase, one coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

### **Specific Apparatus Requirements:**

- Apparatus supplied by Gymnova
- Apparatus specifications as per 2024 Womens's Artistic National FIG Development 1, 2 & 3 for Coaches
- Additional extra-soft board will be available for vault – 4 spring and modified 5 spring

### **Tie Break**

- At National Finals ties will not be broken
- At Regional Qualification for FIG Development 2 ties at 4th place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop vault score
  3. Drop bars score
  4. Drop beam score
  5. Drop floor score

### **Awards**

#### **FIG Development 2**

- Team gold, silver and bronze – top 6 teams announced
- Individual gold, silver and bronze - top 6 individuals will be announced and lined up with medallists.

#### **FIG Development 3**

- Individual gold, silver and bronze - top 6 individuals will be announced and lined up with medallists.

#### **FIG Junior**


- Individual gold, silver and bronze - top 6 individuals will be announced and lined up with medallists.

### **The Combined Excel Grade and FIG Development Champion will be declared as:**

- Grade 2 – 2024 All Around scores from Excel Grade 2 + FIG Development 2
- Grade 3 – 2024 All Around scores from Excel Grade 3 & FIG Development 3

- In each age group top 6 individuals will be announced and lined up with medallists
- A presentation will be made to the coach of the overall combined champion for Grade 2 & 3
- Nationality regulations will apply. Non British Citizens will not rank in the official results

**Progression to the British Championships 2025:**

Please refer to the “New qualification, mobility and eligibility criteria for entering the British Championships 2024 and beyond.” 

# Classic Challenge Championships

<b>Date:</b>	22 <sup>nd</sup> – 24 <sup>th</sup> November 2024	<i>(No pre-competition training)</i>
<b>Venue:</b>	Surrey Sports Park	
<b>Opening Date:</b>	Friday 30 <sup>th</sup> August 2024	
<b>Closing Date:</b>	Noon Friday 11 <sup>th</sup> October 2024	
<b>Music Entry Closing Date:</b>	Noon Friday 15 <sup>th</sup> November 2024	
<b>Entry Fee:</b>	£220.00 per regional team (Entry Fees may increase with inflation)	
<b>Code:</b>	Classic Challenge Championships Bronze, Silver & Gold Levels 2024	

## Eligibility:

- The first 6 gymnasts in Bronze, Silver & Gold levels, will represent the region in the National Finals
- The gymnast in seventh place will be the nominated reserve
- Signed score sheets from these nominated competitions must be sent to the NCO immediately after the nominated event.
- Bronze: Age 10 or over in year of competition
- Silver: Age 12 or over in year of competition
- Gold: Age 14 or over in year of competition
- If a gymnast competed in any Excel Grades or British Championships in 2024 they may not enter the Classic Challenge Championships
- A gymnast may have competed in Home Nations, designated Regional FIG Qualifying competitions or Club Team Championships in 2024 and still be eligible to compete in Classic Challenge Championships, but only at the category for their minimum age (ie Silver if aged 12 or above and Gold for gymnasts aged 14 or above).

## Competition Structure:

- Competition format is 10 minute general warm-up then warm-up and compete for all categories.


## Specific Apparatus Requirements:

- Refer to the Classic Challenge Championship Rules
- Apparatus supplied by Gymnova
- Apparatus specifications are as per FIG - except for vault matting, this will be the FIG mats turned to provide a soft landing.
- Womens Vault - Additional extra-soft boards will be available for Vault - 4 spring & modified 5 spring
- Uneven Bars - An additional 10cm "jersey-style" Gymnova mat may be used on Bars and can be placed/moved as needed.
- Beam - An additional 10cm "jersey-style" Gymnova mat is allowed for dismounts.
- Womens Floor - FIG floor regulations with: Additional 10cm Gymnova mat permitted for D+ saltos without incurring a penalty in Silver and Gold. Must be removed after performing the element.

## Team:

- 6 in a team, 6 to work on each piece.
- The team score will be the total of the 4 best scores on Vault, Bars, Beam and Floor
- Working order for team must be handed in at registration
- Nominated reserves will march in and act as team board steward during competition. The nominated reserve may only replace a withdrawn team member **BEFORE** start of competition.

## Coach Qualification and Passes:

The lead coach/supervising coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts in line with the Lead Coach Process 2024 . In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.


Competition	Coach Minimum Qualification Required
Bronze	UKCC Level 2
Silver	UKCC Level 2
Gold	UKCC Level 2

### Bronze, Silver & Gold Levels

1 coach per gymnast can be nominated. Each team must nominate a team manager. Each coach can be present during apparatus warm-up.

During the competition phase, 1 coach per gymnast can be present at the apparatus at any one time except on bars where a second coach is permitted to remove the springboard

### Tie Breaks:

- At Regional Qualification for Bronze, Silver & Gold ties at 6<sup>th</sup> place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop vault score
  3. Drop bars score
  4. Drop beam score
  5. Drop floor score
- At National Finals tie-break rules as per FIG Regulations (World Championships) .
- Bill McLoughlin National Apparatus Team. In the case of a tie, the lowest counting score for each of the tied teams will be discounted in order to break the tie. If there is still a tie this process will be repeated until the winning team can be decided.

### Awards:

#### Classic Challenge Championships

The awards to be presented are currently under review and will be updated upon completion of this work.

#### Bill McLoughlin National Apparatus Team

- The Bill McLoughlin National Apparatus Team Trophy will be awarded in conjunction with the Classic Challenge Championships. The winning team will be decided by taking the top scores on vault, bars, beam and floor at bronze, silver & gold level and adding them together.
- Team gold, silver and bronze medals will be awarded to the gymnasts with the counting scores
- A perpetual trophy will be presented to the winning region
- Top 6 teams will be announced

# Appendices

## Appendix 1 - Home Countries, English Regions & Island Associations

### Home Countries

	Website Address
England	<a href="http://www.british-gymnastics.org/england">www.british-gymnastics.org/england</a>
Scotland	<a href="http://www.scottishgymnastics.org">www.scottishgymnastics.org</a>
Wales	<a href="http://www.welshgymnastics.org">www.welshgymnastics.org</a>
Northern Ireland	<a href="http://www.british-gymnastics.org/northern-ireland">www.british-gymnastics.org/northern-ireland</a>

### English Regions

North	<a href="http://www.british-gymnastics.org/north">www.british-gymnastics.org/north</a>
North West	<a href="http://www.nwga.co.uk">www.nwga.co.uk</a>
Yorkshire	<a href="http://www.british-gymnastics.org/yorkshire">www.british-gymnastics.org/yorkshire</a>
West Midlands	<a href="http://www.british-gymnastics.org/west-midlands">www.british-gymnastics.org/west-midlands</a>
East Midlands	<a href="http://www.british-gymnastics.org/east-midlands">www.british-gymnastics.org/east-midlands</a>
East	<a href="http://www.british-gymnastics.org/east">www.british-gymnastics.org/east</a>
London	<a href="http://www.british-gymnastics.org/london">www.british-gymnastics.org/london</a>
South East	<a href="http://www.british-gymnastics.org/south-east">www.british-gymnastics.org/south-east</a>
South	<a href="http://www.british-gymnastics.org/south">www.british-gymnastics.org/south</a>
South West	<a href="http://www.british-gymnastics.org/south-west">www.british-gymnastics.org/south-west</a>

### Island Associations

Isle of Man Gymnastics	<a href="http://www.iomgymnastics.org">www.iomgymnastics.org</a>
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